

**BELLEVUE NETWORK ON AGING  
MINUTES**

April 5<sup>th</sup>, 2018  
8:30-10:30am

Hidden Valley Boys & Girls Club of Bellevue

**MEMBERS PRESENT:** Hannah Kimball, Judy Dowling, Gazel Tan, Diana Thompson, Janet Zielasko, Beverly Heyden, Lauren Emery, Ethan Crawford, Phyllis Skillen, Peggy Foster, Arlene Cheng, George Twiss, Howard Katz, Jullie Gray, Desiree Leigh, Christy Stangland, Jeanne Grote

**MEMBERS ABSENT:** Linda Whitehead, Bob Megargel, Berta Seltzer, Bill Merriman,

**STAFF PRESENT:** Dan Lassiter/Bellevue Parks & Community Services,

**GUESTS:** Gwen Rousseau, City of Bellevue Associate Planner

**RECORDING SECRETARY:** Abby Burdick/Bellevue Parks & Community Services

**WELCOME AND ROLL CALL:** The meeting was called to order by Hannah Kimball and roll call taken.

**APPROVAL OF MINUTES:** No changes identified. March's minutes approved.

**PRESENTATION & DISCUSSION:**

**Gwen Rousseau**, Associate Planner City of Bellevue PCD  
*Current Statistics for Aging Adults in the City of Bellevue*

Gwen Rousseau's [Full Presentation](#) can be found on the [Bellevue Network on Aging Web Page](#).

**COMMITTEE REPORTS:**

**Outreach, Education & Diversity Committee** (*reported by Gazel Tan*)

The group attended the Transportation Listening Sessions at the Human Services Commission meeting.

The group also staffed and helped distribute Transportation Surveys and about 60 Vials of Life at the Overlake Active Senior Fair.

An upcoming project Arlene is working on is to get Vials of Life translated into several different languages, Spanish, Mandarin, Korean, Russian.

- ✓ May's City Council Proclamation concerning May as "Older Americans Month" will not be read at the council meeting but will be signed and sent out to NBCC. Council received a memo discussing why awareness is important and they received a list of BNOA 2017 accomplishments.
- ✓ Diana will attend, receive the proclamation and provide comments of elder abuse for the June's proclamation of World Elder Abuse Awareness Day at city council on June 4<sup>th</sup>.
- ✓ Arlene was able to get the group a table at the Bellevue Library Resource Fair in April and May.
- ✓ Hannah was able to get a table at the Crossroads Farmers Market for an outreach opportunity for BNOA.
- ✓ The Strawberry Festival is approaching in June and BNOA members will be needed in shifts to provide outreach information concerning aging adult concerns.

Members attended the Human Services Commission Meeting to receive the results of the Transportation Survey.

There is an opportunity for CISC to provide Senior Services to Russian seniors at the North Bellevue Community Center. They are currently submitting the funding for this proposal.

#### **Transportation & Housing Committee** *(reported by Judy Dowling)*

The committee reported on the Puget Sound Regional Council (PSRC) Vision 2050, which is where the regional council collects ideas about purposeful direction concerning affordable housing and transportation and the environment.

There is a Neighborhood Conference on April 21<sup>st</sup> and committee members are planning to attend. It is \$35 for those that would also like to register.

Janet Lewine distributed the contact sheets for the senior housing options (ARCH) brochure for each committee member to update and give back to her.

The next committee meeting is April 18<sup>th</sup> at 8:30am at Hidden Valley Sports Complex.

A prioritizing exercise on transportation in Bellevue was completed at the last Human Services Commission meeting. Ideas were condensed and prioritized and the following were identified as high priority:

- ✓ Affordable
- ✓ Flexible
- ✓ Shorter/more direct routes

**Advocacy Committee Advocacy Committee** (reported by Diana Thompson, Janet Zielasko & Howard Katz)

(Diana Thompson) The Hearing Aid Bill was passed and was signed by the governor. The Hearing Loss Association may be requesting changes next year, but it has passed.

The Respite Care Bill was passed and signed by the governor. This bill is to reduce the number of hours of required training of 14 hours for persons who work 300 hours or less in a year and provide respite care services only to individuals receiving long-term care services.

The Property Tax Bill related to raising the level of income, and still being eligible for partial exemption for property tax did not pass. A promising thing to note is the Advocacy Committee includes Kirkland Senior Council which is located within the 45<sup>th</sup> District. The person in the senate who introduced the bill is the current senator in the 45<sup>th</sup> District

Others Bills Considered:

- ✓ Local Property Tax Levies
- ✓ The Dementia Action Collaborative
- ✓ Long Term Care Trust Act

(Janet Zielasko) Both iPhones and Androids typically have an In Case of Emergency (ICE) app that allows first responders to access critical medical information on your phone from the lock screen, without knowing the passcode. Information can include prescription allergies, medical conditions, blood type and emergency contacts.

The Kirkland Fire Department is not interested in “Advocating” this information to the Community but the Bellevue Fire Department is very supportive and have in-fact utilized it recently when responding to an emergency. A Bellevue Police officer was unaware of this feature but found it interesting. Currently the Vial of Life stored in a person’s refrigerator is the most effective means of having available information to emergency response teams. Currently the BNOA is involved in assisting the distribution of the Vials of Life. More to come on evaluating this information and begin to possibly promote it.

(Howard Katz) The group is connecting with Robin Steele at BTV to get the word out on Hospital Observation. Current data is needed. Communication with Kathy Iverson has taken place to collect 3 examples/recent cases for the BTV episode. There was a recent video/cartoon circulated with useful information on this topic as well.

## **COMMUNITY PARTNERSHIPS REPORTS:**

### **Eastside Easy Rider Collaborative** *(reported by Hannah Kimball)*

This collaborative has been gaining energy, more so than previous years. The group is currently tweaking their workplan goals, but it has been communicated that there is a group of people over the age of 65 who aren't "poor" enough to utilize subsidized programs but not "rich" enough to use Uber every day as a means of transportation. Something to keep in mind is that Hopelink offers 1:1 training to use the public transportation system.

### **Eastside Human Services Forum** *(reported by Christy Stangland)*

This group is really trying to hone in on their "focus" and possibly doing something like one year of Education, one year of Implementation and one year of Evaluation of a topic, and the topics may overlap. Two identified topics were Affordable Housing and the Opiate Crisis.

April 10<sup>th</sup> meeting is at the Bellevue Presbyterian Church Room with a Levy Update.

### **Timebank of Puget Sound** *(no report)*

### **Aging & Disability Services** *(no report)*

### **Washington Senior Lobby** *(reported by Diana Thompson)*

A dietician presented at the most recent meeting about the malnourishment that occurs with the senior population.

The Alzheimer's Plan is being discussed heavily At the Dementia Action Collaborative meetings.

Dr. Franklin from Hopkins is presenting at a seminar May 3<sup>rd</sup>.

### **New Business** *(no report)*

Affordable Housing week is coming.

### **Staff Report** *(reported by Dan Lassiter)*

In July and August, a different location for this meeting will be required.

The Proclamation in May at City Council will not be publicly being read by the mayor, but will be signed and sent to NBCC.

The Medical Observation Tutorial on the BNOA web page.

BNOA web page needs help. Members were asked to try and find the BNOA web site without using the BNOA title and report next month of their success.

**Adjourn** The meeting adjourned at 10:30am.